

FALL 2011

INDOOR SESSION 1

CLASS & LEAGUE SCHEDULE



Improve Your Game! Choose from Soccer, Baseball, Flag Football, Speed & Agility and Skateboarding!



MICRO KICKERS SOCCER (AGES 2 & 3)

This six week program is designed to build confidence through stimulating activities in KIC's safe, family friendly environment. Micro Kickers helps boys and girls explore their interests while building self esteem. Adult companion required. Bring a size 4 soccer ball. Classes held weekly for six weeks.

DAY	TIME	SESSION 1 DATES	RATES
FRIDAY	9:15AM-10:00AM	SEPT. 30, OCT. 7, 14, 21, 28, NOV. 4	WEEKDAY FEE \$69.00
SATURDAY	9:00AM-9:45AM	SEPT. 24, OCT. 1, 8, 15, 22, 29	WEEKDAY FEE \$79.00

MINI KICKERS SOCCER (AGES 4 & 5)

This six week program is a fun, age-appropriate, professionally-guided introduction to the game of soccer. Boys and girls play and learn, building a strong foundation of proper kicking, dribbling and ball-handling skills in KIC's safe, family-friendly environment. Bring a size 4 soccer ball. Classes are held weekly for six weeks.

DAY	TIME	SESSION 1 DATES	RATES
TUESDAY	4:30PM-5:25PM	SEPT 27, OCT 4, 11, 18, 25, NOV. 1	WEEKDAY FEE \$79.00
WEDNESDAY	4:30PM-5:25PM	SEPT 28, OCT. 5, 12, 19, 26, NOV 2	WEEKDAY FEE \$79.00
FRIDAY	10:05AM-11:00AM	SEPT. 30, OCT. 7, 14, 21, 28, NOV. 4	WEEKDAY FEE \$79.00
SATURDAY	10:00AM-10:55AM	SEPT. 24, OCT 1, 8, 15, 22, 29	WEEKEND FEE \$89.00

TRAIN & PLAY SOCCER (AGES 6 & 7)

This is an age appropriate, professionally-guided program that will enhance the foundation of proper kicking, dribbling, and ball-handling skills. This will help each player in their scrimmage at the end of each class. Bring a size 4 soccer ball. Shin guards are recommended but not required. Classes are held weekly for six weeks.

DAY	TIME	SESSION 1 DATES	RATES
TUESDAY	5:30PM-6:25PM	SEPT 27, OCT 4, 11, 18, 25, NOV. 1	WEEKDAY FEE \$79.00
WEDNESDAY	5:30PM-6:25PM	SEPT 28, OCT. 5, 12, 19, 26, NOV. 2	WEEKDAY FEE \$79.00
SATURDAY	11:05AM-12:00PM	SEPT. 24, OCT 1, 8, 15, 22, 29	WEEKEND FEE \$89.00

TECH & PLAY SOCCER (AGES 8, 9 & 10)

Learn proper technique from the pros! This program is designed for players that wish to improve their soccer technique. Each week a specific skill is taught and implemented in a scrimmage the second half of each class. Classes are held weekly for six weeks.

DAY	TIME	SESSION 1 DATES	RATES
WEDNESDAY	5:30PM-6:25PM	SEPT 28, OCT. 5, 12, 19, 26, NOV. 2	WEEKDAY FEE \$79.00
SATURDAY	12:05PM-1:00PM	SEPT. 24, OCT 1, 8, 15, 22, 29	WEEKEND FEE \$89.00

REGISTER TODAY AT KICSPORTS.NET

GAIN CONFIDENCE, ELEVATE YOUR SKILL, HAVE FUN!

8151 Merchant Place Portage, MI 49002 Phone: 269-226-2000 | Fax: 269-226-9078



BASEBALL MINOR LEAGUERS (AGES 5-7)



This elementary introduction into baseball focuses on the basic skills of running the bases, throwing the ball, hitting from a tee, and catching. Players must bring their own mitt. Hats and balls are provided.

DAY	TIME	SESSION 1 DATES	RATES
TUESDAY	4:30PM-5:25PM	SEPT 27, OCT 4, 11, 18, 25, NOV. 1	WEEKDAY FEE \$79.00
FRIDAY	4:30PM-5:25PM	SEPT. 30, OCT. 7, 14, 21, 28, NOV. 4	SIX WEEKLY SESSIONS

BASEBALL MAJOR LEAGUERS (AGES 8-10)

This class offers more skill training and work on the fundamentals of baseball. Focus is on proper throwing and hitting technique. Players must bring their own mitt. Hats and balls are provided.

DAY	TIME	SESSION 1 DATES	RATES
TUESDAY	5:30PM-6:25PM	SEPT 27, OCT 4, 11, 18, 25, NOV. 1	WEEKDAY FEE \$79.00
FRIDAY	5:30PM-6:25PM	SEPT. 30, OCT. 7, 14, 21, 28, NOV. 4	SIX WEEKLY SESSIONS

SPEED & AGILITY

If you are an athlete looking to develop first step quickness, improve rate of acceleration and change of direction speed. This speed class is for you! Taught by Jennifer Query, Manager of Borgess Athletic Performance Program.



DAY	TIME	SESSION 1 DATES	RATES
THURSDAY	5:30PM-6:25PM	SEPT. 29, OCT. 6, 13, 20, 27, NOV. 3	WEEKDAY FEE \$89.00

SKATEBOARDING (BEGINNER AND INTERMEDIATE)

Jon "Deezle" Depoian, Southwest Michigan's own professional skateboarder, will instruct this fun and educational class for beginner and intermediate skateboarders. Limit of 12 participants per class.



DAY	TIME	SESSION 1 DATES	RATES
WED.	Beginner 5:30PM-6:25PM Intermediate 6:30PM-7:25PM	SEPT 28, OCT. 5, 12, 19, 26, NOV. 2	WEEKDAY FEE \$79.00
SAT.	Beginner 1:00PM-1:55PM Intermediate 2:00PM-2:55PM	SEPT. 24, OCT 1, 8, 15, 22, 29	WEEKEND FEE \$89.00

* * LEAGUES: \$599 PER TEAM \$59 PER PLAYER * *

* RECREATIONAL INDOOR SOCCER LEAGUES *



Leagues include 8 weekend games with no practices. You will need comfortable athletic shoes, athletic shirt and shorts, shin pads, and water. **Volunteer coaches needed!** Registration Deadline is Sat. Oct. 1st. League Begins the weekend of Oct. 22nd.

AGES 5 & 6: 4 vs. 4 with small goals and no goalie	AGES 7-14: 6 vs. 6 with big goals and goalie	\$59.00
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* YOUTH FLAG FOOTBALL LEAGUE *



Leagues include 8, 1 hour games. You will need comfortable athletic shoes, athletic shirt and shorts, and mouth guard (optional). **No outdoor cleats please.** Registration Deadline is Sat. Oct. 1st. League Begins the weekend of Oct. 22nd.

AGES 7 & 8	AGES 9 & 10	AGES 11 & 12	AGES 13 & 14	\$59.00
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* COACH PITCH & TEE BALL BASEBALL LEAGUE *



Leagues include 8 games with no practices. You will need comfortable athletic shoes, athletic shirt and shorts, and baseball mitt. **Volunteer coaches needed!** Registration Deadline is Sat. Oct. 1st. League Begins the weekend of Oct. 22nd.

AGES 4 & 5 TEE BALL	AGES 6, 7, 8 COACH PITCH	\$59.00
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